



SuPrep Colonoscopy Instructions same day regimen
**** DO NOT FOLLOW INSTRUCTIONS ON THE BOX****

Your procedure is scheduled on ___/___/____. Please arrive at _____ **AM / PM.**

******HOLD any blood thinners (_____), ____ days prior to the procedure.**

****Do not stop your blood thinner without consent from prescribing physician****

DAY BEFORE THE PROCEDURE:

1. Start **ONLY** clear liquid diet the entire day (breakfast, lunch and dinner) Ex. broth or bouillon. Jell-O (No Red, Pink, Blue, Purple), coffee black or with sugar (No dairy or non dairy creamers), tea, lemonade, fruit juices without pulp, white grape juice/apple, clear soda (Sprite, 7-up, ginger ale), Gatorade, PowerAde, popsicles (No Red, Pink, Blue, Purple).
2. Daily medications can be continued unless otherwise specified.
3. At **4 PM** dilute one of the 6-ounce bottles of the SUPREP with water as directed on the box. Drink all of the fluid in the container.
4. You **MUST** drink 2 more 16-ounce containers of water over the next 1 hour.
5. At **9 PM** repeat steps 3 and 4 with the second 6-ounce bottle of SuPrep.
6. Continue drinking clear liquids, at least another liter, during the course of the evening.

DAY OF PROCEDURE:

1. You may brush your teeth.
2. You need a driver and your driver must stay at the facility. Public transportation and taxis are **NOT** allowed.
3. **Diabetic meds:** Please contact the prescribing doctors for any medication adjustments.
4. Take **blood pressure meds, anti-anxiety meds, anti-psychotic meds, pain meds, heart meds, anti-seizure meds and anti-convulsant meds** with a sip of water unless otherwise specified.
5. Please bring with you:
 - Photo ID and Insurance card(s)
 - Completed Medication List – Medications **MUST** be written out. NO pre-printed, copied or lists from previous visits will be accepted.
 - Patient's Bill of Rights Form
 - Reading glasses, if applicable

Nothing by mouth 4 hours prior to your procedure. Nothing to drink, smoke or chew or your procedure may be cancelled.

Please contact the office at 407-830-8661, with any questions. Or you may email us info@ddcOrlando.com