



Digestive Disease Consultants
ORLANDO

DIGESTIVE DISEASE CONSULTANTS

PATIENT INSTRUCTIONS FOR EGD

Your procedure is scheduled on _____. Please arrive at _____ AM / PM.

****HOLD any blood thinners (_____), ____ days prior to the procedure.

****Do not stop your blood thinner without consent from prescribing physician****

DAY BEFORE THE PROCEDURE:

1. Eat regular meals. **NO SOLID FOODS AFTER 10 PM.**
2. Daily medications can be continued **up to midnight.** If you are taking blood pressure medications, see additional instructions for day of procedure below.
3. You may have liquids **up to 4 hours prior to procedure time.**

CLEAR LIQUIDS INCLUDE:

- Water
- Clear fruit Juices (Apple, White Grape and White Cranberry)
- Soda (Diet and Regular), Gatorade, Popsicles, Jell-O (No Red)
- Broth and Boullion

DAY OF PROCEDURE:

1. You may brush your teeth.
2. You need a driver and your driver must stay at the facility. Public transportation and taxis are **NOT** allowed.
3. **Diabetic meds:** Please contact the prescribing doctors for any medication adjustments.
4. Take **blood pressure meds, Anti-anxiety meds, Anti-psychotic meds, pain meds, heart meds and anti-seizure med, convulsant meds** with a sip of water unless otherwise specified.
5. Please bring with you:
 - Photo ID and Insurance card(s)
 - Completed Medication List – Medications **MUST** be written out. NO pre-printed, copied or lists from previous visits will be accepted.
 - Patient's Bill of Rights Form
 - Reading glasses, if applicable

Nothing by mouth 4 hours prior to your procedure. Nothing to drink, smoke or chew or your procedure may be cancelled.

Please contact the office at 407-830-8661, with any questions. Or email us at info@ddcOrlando.com