



**SuPrep Colonoscopy Instructions same day regimen**  
**\*\* DO NOT FOLLOW INSTRUCTIONS ON THE BOX\*\***

Your procedure is scheduled on \_\_\_/\_\_\_/\_\_\_\_. Please arrive at \_\_\_\_\_ **AM / PM.**

**\*\*\*\*HOLD any blood thinners (\_\_\_\_\_), \_\_\_\_ days prior to the procedure.**  
**\*\*Do not stop your blood thinner without consent from prescribing physician\*\***

**DAY BEFORE THE PROCEDURE:**

1. Start **ONLY** clear liquid diet the entire day (breakfast, lunch and dinner) Ex. broth or bouillon. Jell-O (no red or purple), coffee black or with sugar (No dairy or non dairy creamers), tea, lemonade, fruit juices without pulp, white grape juice/apple, clear soda (Sprite, 7-up, ginger ale), Gatorade, PowerAde, popsicles (no red).
2. Daily medications can be continued unless otherwise specified.
3. At **4 PM** dilute one of the 6-ounce bottles of the SUPREP with water as directed on the box. Drink all of the fluid in the container.
4. You **MUST** drink 2 more 16-ounce containers of water over the next 1 hour.
5. At **9 PM** repeat steps 3 and 4 with the second 6-ounce bottle of SuPrep.
6. Continue drinking clear liquids, at least another liter, during the course of the evening.

**DAY OF PROCEDURE:**

1. You may brush your teeth.
2. You need a driver and your driver must stay at the facility. Public transportation and taxis are **NOT** allowed.
3. Take **blood pressure meds, anti-anxiety meds, anti-psychotic meds, pain meds, heart meds, anti-seizure meds and anti-convulsant meds** with a sip of water unless otherwise specified.
4. Please bring with you:
  - Photo ID and Insurance card(s)
  - Completed Medication List – Medications **MUST** be written out. NO pre-printed, copied or lists from previous visits will be accepted.
  - Patient's Bill of Rights Form
  - Reading glasses, if applicable

**No liquids 2 hours prior to your procedure, except for a sip of water with blood pressure, heart and anti-seizure medications or the procedure may be cancelled.**

Please contact the office at 407-830-8661, with any questions. Or you may email us [info@ddcOrlando.com](mailto:info@ddcOrlando.com)

