DIGESTIVE DISEASE CONSULTANTS

PATIENT INSTRUCTIONS FOR COLONOSCOPY

You are using the **MoviPrep Bowel Prep Regimen (Split Dosing)**

DAY BEFORE THE PROCEDURE:
1. Drink ONLY clear liquids the entire day (breakfast, lunch and dinner). It is important that you drink as much fluid as you can throughout the day.
2. **NO solid foods, milk or milk products or RED liquids**.
3. Daily medications can be continued unless otherwise specified.
4. Follow the directions on the MoviPrep bowel kit for mixing the solution.
5. At **6 PM** start drinking 8 ounces of the MoviPrep solution **every 10-15 minutes** until 32 ounces is completed.
6. Continue drinking clear liquids, at least another liter, during the course of the evening.

DAY OF THE PROCEDURE:
7. **5 hours** prior to your procedure repeat step 5.
8. Drink another 16 ounces of clear liquid of your choice within 1 hour.

CLEAR LIQUIDS INCLUDE:
- Water, Coffee (Black) and Tea
- Clear fruit Juices (Apple, White Grape, Lemonade and White Cranberry) Avoid juices with pulp such as orange or grapefruit juice.
- Sodas such as Sprite, 7-Up, or Gingerale(Diet and Regular),Gatorade, Powerade, Popsicles, Jell-O (**No Red, No Purple**)
- Broth and Boullion

DAY OF PROCEDURE:
1. You may brush your teeth.
2. **You need a driver and your driver must stay at the facility. Public transportation and taxis are NOT allowed**.
3. Take **blood pressure meds, anti-anxiety meds, anti-psychotic meds, pain meds, heart meds, anti-seizure meds and convulsant meds** with a sip of water unless otherwise specified.
4. Please bring with you:
   - Photo ID and Insurance card(s)
   - Completed Medication List – Medications MUST be written out. NO pre-printed, copied or lists from previous visits will be accepted.
   - Patient's Bill of Rights Form
   - Reading glasses, if applicable

No clear liquids 2 hours prior to your procedure, except for a sip of water with blood pressure, heart and anti-seizure medications or the procedure may be canceled.

Please contact the office at 407-830-8661 with any questions.