

Digestive Disease Consultants

MoviPrep Instructions

You will begin your prep: -

Day before the examination:

Drink only **CLEAR LIQUIDS** for breakfast, lunch and dinner.

Day of Procedure:

Stop all clear liquids 4 hours prior to the procedure. This includes water!

Clear Liquids Include;

Water cranberry, etc.)	Clear fruit juices (apple, white grape, white)
Soda (regular/diet)	Coffee (non dairy creamer allowed)
Tea	Gatorade
Popsicles	Jell-O (NO RED)
Broth	Bouillon
Ensure (Limit 2)	

**NO SOLID FOODS, RED LIQUIDS, MILK OR MILK PRODUCTS
ALLOWED**

FOLLOW THE DIRECTIONS ON THE MOVI PREP BOWEL KIT FOR MIXING THE SOLUTION.

- 1- At **4pm** start drinking 8 ounces of the movi prep solution every **15** minutes until 1 liter container is completed
- 2- At **5:30pm** repeat with the second liter until completed
- 3- Keep drinking clear liquids, at least another liter during the course of the evening

Avoid all aspirin 5 days prior to procedure. Avoid Ibuprofen or arthritis medication for a day prior to the procedure.

If you have any questions or concerns please feel free to call 407-830-8661 ext 120

Your procedure may be cancelled if you drink anything four hours prior to your procedure time